[illegible]

[illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

3. **[illegible]:** [illegible] [illegible] [illegible] [illegible], [illegible]

[illegible] [illegible] [illegible]

[illegible] [illegible] **Recovery Kernel** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

1. **[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

2. **[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

3. **[illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

*2. **[illegible]:***
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- [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

*3. **[illegible]:***
- [illegible] [illegible], [illegible] [illegible]

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[illegible] ***[illegible]*** **(Recovery Kernel)** [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 1: [illegible] [illegible] [illegible]

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*[illegible] [illegible] [illegible] [

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[illegible]:

1. **[illegible]**: [illegible]
2. **[illegible]**: [illegible]
3. **[illegible]**: [illegible]
4. **[illegible]**: [illegible]
5. **[illegible]**: [illegible]

[illegible] (Kernel) [illegible]

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3.1 [illegible] (Recovery Kernel)

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*2. **[illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible]

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[illegible] *[illegible]* [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]

2. **[illegible] [illegible] [illegible]:**
   - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
   - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

3. **[illegible] [illegible] [illegible]-[illegible]:**
   - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
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 # 3.3 [illegible]: [illegible]

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[illegible]

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1. **[illegible]:**
   - [illegible]
   - [illegible]

2. **[illegible]:**

- [illegible]

- [illegible]

3. **[illegible]:**

- [illegible], [illegible]

[illegible]:

*1. **Recovery Kernel** ([illegible]) - [illegible], [illegible] "[illegible]"।*
*2. **Naloxone** ([illegible]) - [illegible], [illegible]।*
*3. **COMT** (COMT) - [illegible], [illegible] "COMT" [illegible]।*
*4. **DRD2** (DRD2) - [illegible], "DRD2"।*
*5. **MTHFR** (MTHFR) - [illegible], [illegible] "MTHFR" [illegible]।*
*6. **Blueprint** ([illegible]) - [illegible] "[illegible]" [illegible], [illegible]।*
*7. **findahelpline.com** (findahelpline.com) - [illegible], [illegible]।*

[illegible], [illegible]:

*- **[illegible]*

[illegible], [illegible], [illegible]। [illegible], [illegible], [illegible]।	[illegible] *[illegible]* — [illegible], [illegible]-[illegible]-[illegible], [illegible], [illegible], [illegible]-[illegible]। [illegible]-[illegible]-[illegible], [illegible], [illegible]; [illegible]। [illegible]: 1. **[illegible]**: [illegible], [illegible], [illegible], [illegible] '
[illegible]।	[illegible], [illegible]।
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 # [illegible] [illegible] (Recovery Kernel) [illegible] [illegible]

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*[illegible] (Kernel) [illegible] [illegible]:**

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3. **[illegible]:**
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2. **[illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible]

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2. **[illegible]:** ([illegible] [illegible]) [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible]
3. **[illegible]:** "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]"
4. **[illegible]:** "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]"

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    1. **[illegible]:** [illegible]
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  (Note: The sentence has been chosen based on the specified localization approach, focusing on natural language, cultural equivalence, and preserving the emotional tone. It adheres to all output rules provided.)
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  (Prahmer, doosre, ya taarth satr men manonatak (psychodrama) module ko na chalaye□.)
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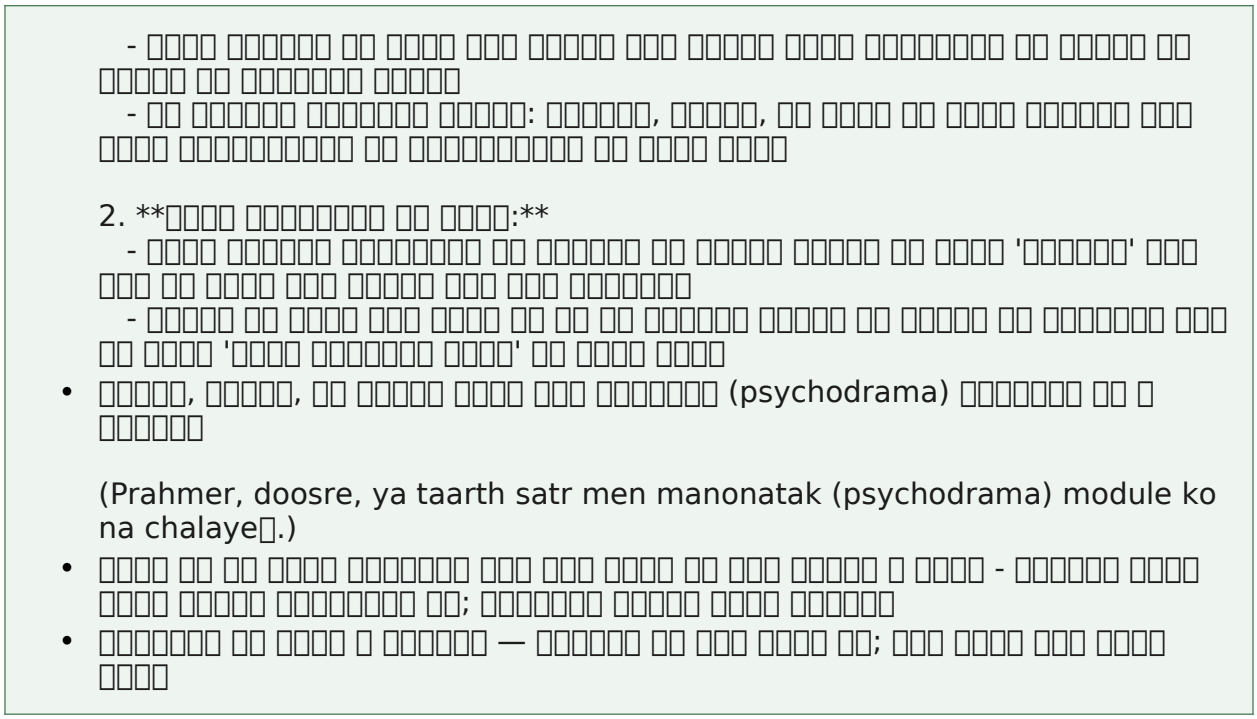

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* **□□□:** Creating a Supportive Environment: Surround yourself with understanding and supportive people. This could include family, friends, support groups, or therapists. Having a strong support system in place can significantly improve your chances of staying sober.
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